



## Food Drive Ideas

Many of our families struggle with food insecurity, especially those families with children who are still in state custody. While children are in the process of reunifying, their mother does not qualify for food stamps for them, making it difficult to provide enough food during visitations. And when the children are returned fully to her care, there is often a lag in time before food stamps kick in for the children.

You can support our families by collecting **NON-PERISHABLE** food items. Examples include:

- Cereal
- Cereal bars
- Tuna Helper
- Canned tuna or chicken
- Spaghetti
- Spaghetti sauce
- Peanut Butter
- Jelly
- Boxed dinners
- Kraft Macaroni and Cheese
- Mandarin oranges
- Applesauce
- Baked beans
- Hearty soups
- Shelf-stable milk
- Pudding snacks
- Fruit snacks



**Our families also need foil, saran wrap, baggies and containers to properly store their leftovers. Food stamps cannot be used for these items.**

*Ask your local grocery store to donate grocery bags so our moms can shop for what they need.*

**Questions? Email our Volunteer Coordinator at [Lindsay@AmethystPlace.org](mailto:Lindsay@AmethystPlace.org)**