



# *Empowering Families* to Overcome Generational Poverty, Substance Use, and Trauma

# 198

## WOMEN & CHILDREN SERVED

At Amethyst Place, we **inspire transformational healing** and empower generations of women and children to achieve **recovery, reunification, and resilience**. We help families transition from homelessness and separation to housing, reunification, and a thriving future. In 2020, 153 women and children lived at Amethyst Place and an additional 45 program graduates remained engaged in aftercare services. Our waitlist typically holds as many families as we can house, underscoring the urgent need for our services and expansion, which will soon be underway.

# 50

## FAMILIES HOUSED

Entering the program, the typical mom is 32, has 3-4 children, is in early recovery, and experiencing homelessness. Most have lost custody of their children due to substance use and poverty, yet their families are typically reunified within days or weeks at Amethyst Place. Our two-generation approach touches the lives of many ages, with over a third of residents below the age of 5. While living at Amethyst Place, we help children develop positive childhood experiences to mitigate the impact of trauma and build family resilience to upend generational cycles.



# Our Approach

Our three core programs are designed to help families overcome the interconnected cycles of trauma, substance use, and poverty. Our long-term approach allows families to stay as long as they need to heal and thrive -- an opportunity not allotted in most programs -- to ensure sustainable transformation.



## Supportive Housing

provides safe, affordable housing through 37 apartment units and access to basic needs

## Family Empowerment



supports educational, career, financial, and health and wellness goals to help families overcome generational poverty and lead healthy lives



## Therapeutic Services

help families heal from past trauma, stabilize mental health, improve parenting skills, and build resilience

# Our Impact

**Breaking generational cycles of trauma** by reuniting, stabilizing, and healing families.

**90%**

of moms maintained recovery

*National average is 40-60%*

**Breaking generational cycles of substance use** through coaching and community.

**80%**

of moms leveled up on the "Income" domain by 2-4 levels by program graduation

*On a scale of 1-In Crisis to 5-Empowered*

**100%**

of children reunified with mom within 60 days

*This produced a foster care cost savings of \$817,775 in 2020*

**88%**

successfully graduated the program

*This includes living here a year, maintaining recovery, scoring "safe" on all self-sufficiency benchmarks, and moving to independent housing*

**Breaking the Cycles**

**Breaking generational cycles of poverty** by advancing education and creating career paths.

**35**

moms engaged in GED, college, or vocational training

*Nationally, poverty rates for single moms reduce 33% for each additional level of education attained*



**Amethyst Place**  
where families come home to heal

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